



Tribal Youth Ambassadors for Food Sovereignty

Traditional Foods Questionnaire

The Tribal Youth Ambassadors (TYA) of the California Indian Museum and Cultural Center (CIMCC) are currently working on a food sovereignty project that aims to highlight the ways in which we can incorporate California Indian traditional foods in our daily lives. The goals for this project are to create a dialogue and strategies for enhancing food sovereignty and health among tribal communities throughout Mendocino, Sonoma, and Lake Counties.

Please assist the Tribal Youth Ambassadors (TYA) efforts in assisting our local community members in connecting to traditional foods. Please support this effort by filling out the following survey. Your answers will help the TYA develop traditional foods resources for our local tribal communities. Respondents that complete the survey will be entered in a drawing.

1. What is your name?

2. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Other:

3. What is your age?

- ☐ 17 and younger
- ☐ 18-25
- ☐ 26-35
- ☐ 36-45
- ☐ 46-55
- ☐ 55+

4. What is your tribal affiliation?

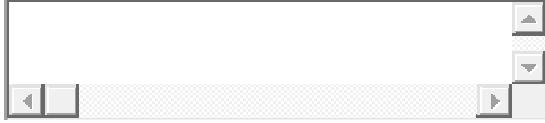
5. What is your email? (optional if you would like to be entered into the Food Sovereignty Drawing, winners will be contacted via email if they are selected for prizes)

6. What is your employment status? (this information is only to help our youth get to know our community members)

- ☐ Full time
- ☐ Part time
- ☐ Unemployed
- ☐ Student
- ☐ Rather not specify
- ☐ Retired

7. What zip code do you live in?

8. What is your definition of traditional foods?

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9. What is your definition of non-traditional foods?

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10. What do traditional foods mean to you?

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11. Why is it important for you to eat traditional foods?

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12. How many people do you know in your family that make/eat traditional foods?

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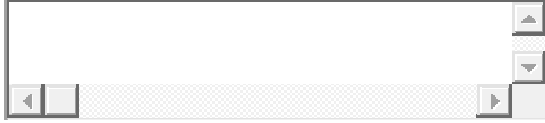
13. How do you obtain your traditional foods?

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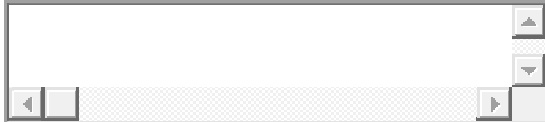
14. Do you harvest your traditional foods?

- ☐ Yes
- ☐ No

15. If so, what traditional foods do you harvest?

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16. What Native traditional foods are available in your grocery store?

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17. Is there a traditional food recipe that you would like to share with your tribal community?

- ☐ Yes
- ☐ No

18. If so, what is the traditional food recipe?

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19. Would you like to be interviewed about traditional foods by the Tribal Youth Ambassadors?

- ☐ Yes
- ☐ No

20. If you are interested in being interviewed, which date can you be interviewed?

- ☐ July 14
- ☐ July 21
- ☐ July 28